

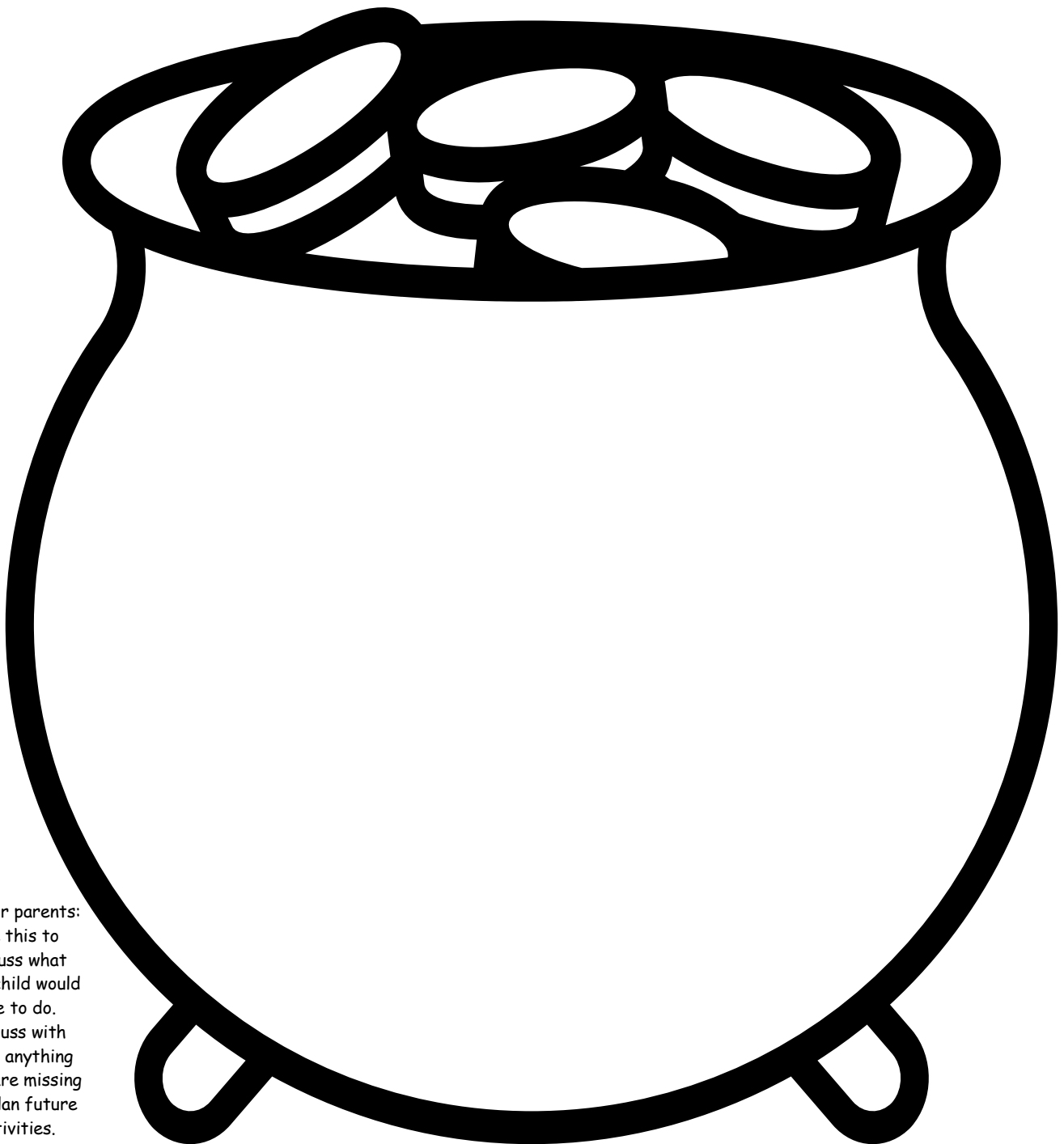


Abundance Therapy Education and Coaching

Wishing Pot

Every time you think of something you would like to do that you currently cannot do, add to this wishing pot by drawing it or writing it down.

Practical: If you have an empty jar at home, you could write your ideas on a piece of paper and add to the jar each time. Alternatively you could create your own treasure chest and add each idea on a 'piece of treasure'.



Tip for parents:
use this to
discuss what
your child would
like to do.
Discuss with
them anything
they are missing
and plan future
activities.